## Regina Scandinavian Club Newsletter

April 2009

# ATTENTION

## Annual General Meeting - April 20<sup>th</sup>, 2009

In the last newsletter we advertised that the 2009 AGM was going to take place on April 6<sup>th</sup>, please note that this is incorrect. The correct date is April 20<sup>th</sup>, 2009.

It will take place at St Mark's Church, 3510 Queen Street. The doors open at 6:30 p.m. and the meeting will start at 7:00 p.m. This will be a potluck dessert meeting and the club will provide beverages. Remember, someone attending will win a door prize of a free membership.



## EASTER IN SCANDINAVIA



Easter is a holiday that is well celebrated in Scandinavia. It starts on Holy Thursday and goes all the way to Tuesday. Children usually get the week after or before off which gives families time to go for a trip to

the mountains, cabin or to relatives to spend time together with play and fun.

## Decorations;

Everywhere in Scandinavia you can see colorful Easter decorations created by young and old. Small branches and twigs of willow or birch with feathers and small decorations are a common sight in every Swedish house during the Easter holidays. In Denmark, many homes and shops are decorated for Easter in green and yellow, especially with new-leaved branches and daffodils. Eggs are colored and are often added as decoration.

## Common Food;

Denmark's traditional Easter food consists of eggs in many different versions, but Danish locals often eat chicken, fish, or lamb at Easter. For lunch/dinner on Holy Saturday, families traditionally feast on a smörgåsbord of herring, salmon, potatoes, eggs and other kinds of food.

## Special Activities;

A quite peculiar national trait in Norway is solving crimes during Easter. Publishers churn out series of books known as "Easter-Thrillers" or Påskekrimmen. Even the milk cartons change to have murder stories on their sides!

## Spring Free From Racism

The club participated in the 10<sup>th</sup> Annual Spring Free From Racism (SSFR) event on Sunday March 15<sup>th</sup>.

While the event was well attended and all of the lefse and fruit soup sold out, the krumkake did not; go figure – last year it went well. We received some comments about not being in Mosaic and also had comments that people were glad we were still active.

As part of the 10<sup>th</sup> Anniversary Celebration, the SFFR organizing committee gathered recipes from all participating groups to create a cookbook; we contributed some from each of our countries. The books will be available to us for \$8 to \$10 each and we can sell them for whatever price we wish. If you are interested in a book, please call Kelly Nelson at 584-2562.



## What is the Spring Free From Rascism?

The Spring Free from Racism Committee (SFFR) supports this principle and believes fighting racial discrimination is best done by taking positive action. This committee was formed in 1995. The mandate at that time was to address racial issues immigrants and visible minorities faced at work and in the school system in Regina and across Canada. The formulation was initiated by the Cultural Unit of the Police Service who contacted several organizations. Now 12 years later the committee has continued to group and expand with many representatives from organizations and interested individuals.

## A special thank you to our wonderful volunteers who made it happen:

Mary and Kim Gillies; John and Joanne Edwardson; Roald and Lorraine Thompson, Laureen Smith, Kelly Nelson, Mildred Ihlen and Donna Holbrow.

## Upcoming Events in 2009

## Annual General Meeting

Monday April 20<sup>th</sup>, 2009, at St Mark's Lutheran Church. (see details on the first page)

Call for Board of Directors: Two boards of director positions will be vacant at that. If you are interested in serving on the board, please contact Kelly Nelson at 584-2562, or email him at kellynelson@sasktel.net for more information.

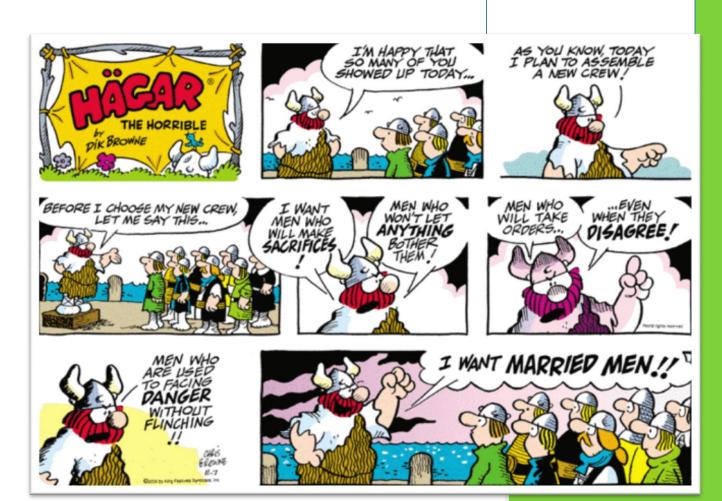
## Midsummer Party - New Location, New Date?

Details will be forthcoming in the next newsletter as to where and when the 2009's Midsummer Party will take place. If you have any great ideas please bring those forward at the AGM. Thanks!

## Member News

## **Membership Fees**

Remember to pay the 2009 Scandinavian Club of Regina's annual membership fee (\$15 for a single and \$25 for a family). We accept payment by mail, or take advantage of our next get together to pay at that time.





## **CLUB INFO**

#### **2008/09 EXECUTIVE**

PRESIDENT PAST PRESIDENT VICE PRESIDENT	Kelly Nelson John Edwardson	525-5183 584-2562 584-2246
SECRETARY	Kim Gillies	531-9794
TREASURER	Michael Larson	546-3774

## DIRECTORS

Brian Beck	789-0662
Dale Folstad	789-3945
Ida Hallin	757-7708
Kim Gillies	531-9794

#### **MEMBERSHIP**

Larry Bristol 586-1799

#### PHONING COODINATOR

Gudrun M. Jonsson 586-7737

## SCANDINAVIAN CLUB OF REGINA

P.O. Box 37182, Regina, SK S4S 7K4

## THE VIKING CENTRE

1307 Ottowa Street, Regina SK

#### CLUB RECORDINGS

CD's \$1 clearance Cassette \$1 clearance Available from Thelma Grant 584-5442 Or Inge Ryan 545-9220

#### HONOURARY CONSULS

Denmark	Inge Ryan	545-9220
Iceland	Jon Orn Jonsson	586-7737
Sweden	Ronald Shirkey	586-3817
Norway	Heather Goranson	790-9300

#### **MEMBERSHIPS**

\$25 Family membership \$15 Single membership

All memberships are from January 1<sup>st</sup> to December 31<sup>st</sup>.

All expire on December 31st.

Contact Larry Bristol 586-1799

## **SCHOLARSHIPS**

Scholarships are available for persons studying Scandinavian languages and/or culture. Application forms are available by writing to the club or contacting an executive member. Deadline for receiving applications is April 30.

#### **ADVERTISING**

Club members may advertise in the Midnight Sun for only \$10. Please contact the newsletter editor by email i\_hallin@hotmail.com or call 757-7708.

## WEBSITE

www.scandinavianclubregina.com (soon launched so stay tuned)