



Midnight Sun

ISSUE

4

VOLUME 28

Oct. 2015

Quarterly Magazine for the Scandinavian Club of Regina

In this issue:

Scholarship

Summer visits to Scandinavia

Articles	1, 4, 5, 6
Members' Matters	2
President's Corner	3
Editorial	3
Scandinavian News	7
Events; Club Info	8

Visits to Scandinavia

In *Midnight Sun* no. 3 we wrote: "Are you planning a visit to Denmark, Finland, Iceland, Norway or Sweden? Or have you already been on a trip to that part of the world?" - and we continued: "No matter when, or the circumstances of your visit — we would like you to share your experience with us in the next issue of *Midnight Sun*".

Two people took us up on that - see pp. [5 \(Wendy\)](#) and [6 \(Pam\)](#).



Rune stone near Sigtuna, Sweden.
Greta Lange on far left

Greta Lange. SCoR Scholarship, Sigtuna, Sweden, 1986/87



Greta was born in Denmark. During that time her mother connected with family in Sweden, and Greta visited there as a baby. At the age of 14 she visited again, and it was then that she decided she wanted to go to folkhögskola.

- Great uncle Birger was a sea captain and spoke English. He helped me pick out which school to apply at, and [Sigtuna folkhögskola](#) was a happy choice. Just after graduating from High School, in the fall of 1986, my friend Carolyn from Regina and I set out on our great adventure. She had Scandinavian parents, and there were relatives that she had not met.

(Continued on page 4)

In vävsalen, weaving



Online: <http://scandinavianclubregina.com/Newletter.htm>

Do You Have Photos?

Our webmaster is looking for photos to do an update of our [website photo gallery](#). If you have taken pictures at SCoR events over the last 3-4 years that you might want to share with others, please contact [Kim Rathwell](#).



Tentative Plans for this Fall



What about a lefse making extravaganza on Saturday the 5th of December?



Rosemaling is another activity that the SCoR is working on.

Look out for news on the website and Facebook page!

2

Members' Matters

Midsummer Fest



Trygve, the faithful SCoR Outdoors Event Greeter



Our President

We'll let the pictures from the June 28th event speak for themselves!




Fishy Friday

This monthly SCoR get-together at Ricky's Grill on Albert Street North always catches a crowd. On this particular day - Friday, September 4th - twenty five members and guests enjoyed the food and the company.



SCoR Website <http://www.scandinavianclubregina.com/>

President's Corner

 2016 will mark the 40th anniversary of the founding of our club. The board is considering various options to celebrate this important milestone.

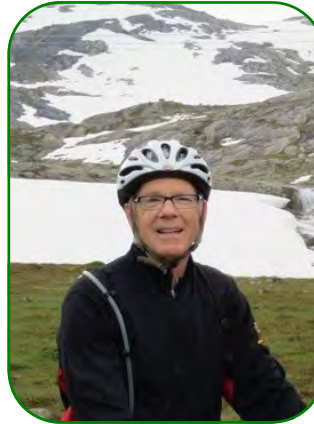
If you have any suggestions on how this milestone should be remembered please share them with me. We can always organize a dinner. But perhaps we should be more wild and crazy and enter the Yara/Canadian Progress Club Plywood Cup competition.

If you are not familiar with this event, it happens on July 1 on Wascana Lake. Teams build boats and paddles from plywood, demotional lumber, nails and duct tape. Then the race is on to see whose boat can be paddled across the lake the fastest. And who better to win this event than the Scandinavians and their proud Viking heritage!

However for this crazy idea we would need some carpenters, a paddler and some fundraisers. (Each team raises donations for the charities selected by the Progress Club).

Or maybe we enter the Dragon Boat competition... Please put your thinking caps on and let me know how you think we should celebrate the first 40 years of our club.

Greg Swanson



Searching for Our New Editor



Our volunteer editor wants to step down after the AGM in April 2016, and we are looking for her creative successor.

Are you interested in Scandinavian culture in our area?

Do you like to write?

Contact Kari Mitchell (kar-mit@hotmail.com) or Greg Swanson (306-586-9737) for details.

Editorial



Membership... How many organisations, associations, societies, clubs, fraternities, sororities, circles etc. will an average person be or have been a member of in an average lifetime? Quite a few? Some of them will have been of an ad hoc character; many are church related, some are linked to sports or other activities; others were relevant during our school years; there are charity organizations; pet owners' interest groups - something for everyone, at any stage of life, in any society.

Many memberships will by nature be just for a shorter period. The high school sorority, is something you leave the moment you get your graduation

papers stuck in your hand. Girl Guides or Boy Scouts - most young people leave at one point, when their interest takes different directions. This is the nature of many memberships - they come to an end.

Sometimes, however, even if you do not have the time to attend meetings or activities as before, the cause of an organisation can be of such a nature that a person might want to extend her or his membership and pay the annual fee - out of loyalty, but also to keep in contact, receive a newsletter or an invitation to the annual get-together.

SCoR might easily be the kind of club membership that you might want to keep, and a fee of \$20 per year is very reasonable, given your heritage.



Searching for Relative

Norwegian *Morten Undseth* is asking for assistance in his search for info about a relative:

Does anyone know Julie (Juliette) Haug,



spouse of deceased Edward (Ted) Haug (1928-2014)

Please contact Kari at kar-mit@hotmail.com

or write directly to morten.undseth@lifi.no

Raise a little shell!

Clams, mussels and oysters always in season.



Pacific Fresh Fish
Corner of Robinson & 13th
306-525-9147



Picture credits

P.1: (Private pics.)
courtesy of G.Lange
P.2: (Midsummer)
P.Baumgartner;
(Ricky's) K.Mitchell
P.3: (G.Swanson)
G.Grant; () ; ()
P.4: (Private pic.)
courtesy of G.Lange;
P.5: (Private pics.)
courtesy of W.Lindblad
P.6: (Private pics.)
courtesy of P.Bristol
P.7: (Model) Pekka
Koli / Yle
Other: Public domain



.. Scholarship (Continued from page 1)

Apart from you and Carolyn, were there many other foreign students at your school?

- They had an exchange programme with Wisconsin University, but other than the Americans there were not many foreign students; us two Canadians, one from Iceland and one from Denmark.

What subjects did you take?

- During the first half year there were classes of a special program. During the second half year all instruction was in Swedish. I took science, weaving and art - art history and art classes. We went out and collected materials to make dyes from, and we wove small runners.



**Socialising with fellow students.
Greta second from right.**

Did you students stay in school dormitories?

- At first I was boarding. I got a host family, but they lived in a different town and I never got close to them. After a while I moved in with my friend Anna from Sigtuna.

What was it like to be so far away from your family?

- I was very "eighteen". It was hard to be away from home for so long. Arrival of the mail got to be the most amazing thing! And I found a way of talking 3 sec. on the phone for free. There was no Skype in those days! I admire my

parents who let me go, and I'm very grateful that I was given that chance. My parents loved traveling; their motto seemed to be "if you want to go - go".

Was it difficult to learn Swedish and get into Swedish society?

- Conversation among us went in a mix of Swedish and English, very often with the help of a dictionary. I could understand more than I could speak.
- I loved feeling that I lived there. My friend Carolyn threw a surprise party for my birthday. The whole town knew about it - my photo was all over.

What did you see of Sweden?

- Sigtuna is beautiful - and I loved Stockholm. I went there several times, once with my boyfriend on his motorbike.

Our class went on a typical student tour to Finland on a Baltic ferry - Helsinki was cold...

- I visited family in Gothenburg during the year, and I spent Christmas with them. Uncle Birger died soon after and was given a Sailor's funeral and I represented my parents on that

occasion. It was a memorable experience.

- In 1987 I got to attend a U2 concert in Gothenburg - on their Joshua Tree Tour. That was a great experience for a young fan!

- The whole year was a fantastic experience, and I am very grateful for the SCoR scholarship that helped funding it.





Reclaiming My Finnish Heritage

By Wendy Lindblad



From Helsinki harbour

After forty three years, I returned to Finland to reclaim my heritage in June 2015. On May 29, we flew from Winnipeg to Toronto to Reykjavik to Helsinki. Though our destination was Helsinki, we were amazed by the beauty of Iceland. We hope to make time in the future to stay in Iceland as the majesty of the landscape fascinated us.

In Helsinki, my cousin's husband Tomi greeted us at the airport. I had sent cousin Annukka a photo of myself. I also mentioned we would wear Winnipeg Jets gear. After all, Winnipeg Jets had one of the greatest hockey players of all time: Teemu Selanne.

While in the car to Annukka's home, I saw a rocky terrain with tall trees similar to Northern Canada. This I do not remember as a child. Tomi spoke good English. English is widely spoken and part of the Finnish curriculum as early as grade 3. Helsinki has a population of 1.5 million if the suburb

areas are included. There are a lot of suburb areas and the roads are very well maintained. Staying healthy seems very important though we did discover there were North American fast food franchises in Finland.

Annukka's home looked like an IKEA display house. It was in

the suburb of Helsinki at the end of the metro line. Single residences, apartments and side by side homes from different decades but very well kept from the outside.

After a day of rest, we took the metro to the centre of Helsinki. Our plan was to take the ferry over to Suomenlinna Island. This island is a World Heritage Site.

There is a mix of tourist spots with residential areas. We toured the military museum and read about the struggles Finland had had keeping its land.

The dwellings on the island were quaint but it must have been very cold. We were subject to the wrath of the winds exposed to the elements. Canons faced out to water while sod type structures were built to face away from the water. Though it is called Suomenlinna Island it is made of a few islands. Many activities took place on this island. There was a shipyard, a church and a prison of some kind.

After a full day of exploring and a good lunch in a century old building, we took the ferry back to Helsinki and headed back to Annukka's home to rest for our next adventure.



The shipyard on Suomenlinna Island

A Nice Mountain Stroll

By Pam Bristol



Larry, Chris, Pam, Sylvain (Rheault), David and Sophie visited their relatives in Norway in July

We had just arrived at my cousin Siri's farm in Horningdal in the northwest fjords. The farm was perched half-way up a mountain with a trail running through the middle. I was sitting watching the kids playing in the grass when a 50-something woman with a walking stick came striding down the trail. She was wearing Adidas sport shorts, a halter top and spiked hair. She introduced herself as Siri's sister-in-law: *"I was just taking a short walk over the mountain this morning to come to visit. I live on the other side."*

The short walk was three hours. But this is typical on the west coast of Norway I was to learn. People love hiking and walking through the mountains. Siri herself had just finished a 21 km off-road half-marathon through the mountains, which was why she was sunburned and covered with scratches.

This mentality explains how our family found ourselves mountain climbing by accident. We were staying at a hotel in [Nordfjordeid](#)



Sylvain and David

visiting my father's relatives. We asked the front-desk manager to recommend a nice walking trail that was wheelchair accessible. We wanted to go walking in the mountains with our cousins. Pia, the manager, told me she had the perfect trail in mind and she and her family were going to hike it tomorrow morning. We could follow them in the car and then join them. We agreed.

The next day we followed her car up a steep winding sheep trail, then stopped and got out. The trail became narrower and steeper. We were going up a mountain. *"Don't worry; it gets less steep around the next bend,"* she said. So we set out after her and her party. Our two strong male cousins offered to help push David's wheelchair, which was fortunate. The trail's heavy gravel made for difficult pushing. We hiked to the bend and looked around to the next stretch. It was worse. The trail seemed almost vertical at points. We debated turning around. But David emphatically said "No way." He wanted

to keep going to the top. Our male cousins were secretly delighted. Both athletic, they initially had looked less than excited about accompanying us on a gentle mountain walk with the kids. Now they were participating in a daring athletic challenge. The last 200 meters to the summit were so steep that each guy had to take turns pushing the chair for short 30-metre spurts.

We reached the summit, celebrated, then ate our packed lunches quickly, the wind blowing through our thin jackets. *"It has never been so cold up here,"* Pia apologized.

There were a lot of firsts that day. I am sure it was the first time a wheelchair has been to the top of that mountain. The next time a Norwegian suggests a gentle mountain walk, I will pack safety ropes and a winter jacket!



Last 200 meters



Fashion Show



Who says you need two?" is the motto of *Monokini 2.0*, a Finnish art project that staged a fashion show in Helsinki [last summer]. The unique show featured ten women who have experienced breast cancer modelling swimsuits designed for women like themselves, who don't wish to have breast reconstruction surgery after a

mastectomy.

Finland's oldest public swimming hall on Helsinki's Yrjönkatu filled to the rafters on Saturday as participants gathered to see a special fashion show. Monokini 2.0 featured ten women who have battled breast cancer and had one or both of their breasts removed. [---]

Top fashion designers Teemu Muurimäki, Mert Otsamo, Tyra Therman, Outi Pyy and Sasu Kauppi were among the big names in Finland asked to design a Monokini 2.0 suit. [---]

"We wanted to convey the message that every woman – whether she has one or two breasts – should feel that she is whole and sweet and beautiful, despite the pressures that our environment and our culture impose upon us," say the two women behind the Monokini 2.0 event, artistic directors *Vilma Metteri* and *Katriina Haikala*. [---]

In the summer of 2014, Monokini 2.0 held a photo exhibition in The Finnish Museum of Photography. [---] When mega pop star Lady Gaga's charity wrote about the Monokini 2.0 project on its Facebook site, it caused so much social media traffic that the project's website crashed.

All of the proceeds of [the] fashion show [was] donated to the Cancer Society of Finland for breast cancer research. yle

season of slow TV shows which featured relaxing activities such as canal boat trips and glass blowing.

Hopping on the trend Mills Caviar [in August] launched its own version set inside a storage unit in *Finneidfjord*, outside *Mo i Rana* in Norway.

From now until 19 July 2016, Mills will stream its 'Super Slow TV' project offering a slow glimpse into how Mills Caviar is made.

Ø. Vederhus, head of communications at Mills DA, said: "Mills is a business that values tradition, but even if we've always been a bit tongue in cheek when talking about our products, we have to concede that filming roe barrels live for months may be the weirdest thing we've done throughout our 130 year history."

The project website will feature a "countdown to caviar" as well as information and images from the whole process.

THEDRUM



Cod Roe Maturing on 'Slow TV'

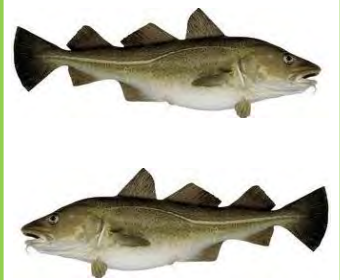
Norwegian caviar brand *Mills* is live streaming barrels of roe from cod maturing as it looks to hop on the emerging trend of 'Slow TV'.

The concept of Slow TV sees viewers tuning in for relaxation rather than entertainment. The genre involves ordinary events filmed in their entirety with anything from knitting marathons to train journeys along the Norwegian



coastline broadcast on national TV.

The craze for watching slow-moving activities in real time spread to the UK in May 2015 with BBC4 Goes Slow – a





SCoR 1976 - 2016 40 years!

Our Club will be celebrating our 40th anniversary next year. Now, that really is something for any club to celebrate, and the SCoR Board is working with different ideas for ways to make 2016 a truly memorable year for our members.

Do you have ideas? Or memorabilia which you may share with us? Contact Greg!

Upcoming Events

For all events, check our [website](#) or 

Fishy Friday at Ricky's



First Friday of the month!
The back room at Ricky's Grill,
777 Albert Street, at 4:30 p.m

No need to sign up - just turn up!

Children are welcome.

There will be no special Fall Function this year, so make sure you come to Ricky's to meet your SCoR friends!

Nordic Knitters knit again!



Nordic style knitting - Every 2nd and 4th Tuesday of the month.
2600 Arens Road - push top buzzer for the "Activity room".

Christmas Party

The SCoR 2015 Christmas Party will be held on Sunday, December 6th from 2:00 to 6:00 pm. at Whitmore Park United Church.

Details will be published on our website and Facebook page.



Share the Saskatchewan Nordic ambience!

Bring family and friends to the SCoR functions!



Buy the SCoR cookbook!

Price: \$15.00. Contact Kate Keyes by [email](#) or phone 306-584-0063 or buy it at a SCoR function.

Midnight Sun Issue 4, Vol. 28; Oct. 2015

Quarterly Magazine for the Scandinavian Club of Regina

Any views expressed in individual articles do not necessarily reflect the policies of the Scandinavian Club of Regina

2014-2015 Board of Directors

President	Greg Swanson	306-586-9737
Vice President	Kate Keyes	306-584-0063
Past President	Pearl Baumgartner	306-761-0678
Treasurer	Susan Bjorndalen	306-540-4637
Secretary	Connie Grasdahl	306-359-1031
Directors	Andrea Ashton	306-545-6683
	Mavis de Bruin	306-570-9339
	Blair Hudyma	306-543-6084
	Kelly Nelson	306-584-2562
	Jamie Struthers	306-949-5608
	Robin Woodward	306-565-3201



SCANDINAVIAN CLUB OF REGINA
P.O.Box 37182, Regina, SK S4S 7K4

Membership Fees

Family membership \$ 30
Single membership \$ 20
Student membership \$ 10

Membership starts January 1, expires December 31.

Contact us:

Email scormembership@gmail.com

Membership contact

Kelly Nelson, Phone 306-584-2562
Email kndn83@gmail.com

Webmaster

Kim Rathwell
<http://scandinavianclubregina.com/>

Midnight Sun editor

Kari Mitchell Phone 306-565-2450
Email kar-mit@hotmail.com

